



Dr Marsha Taylor
Independent Clinical Psychology and Psychotherapy Practice Terms & Conditions.

Updated 2 October 2026

Professional Information:

Dr Marsha Taylor is registered with the United Kingdom's Health and Care Professions Council (HCPC). All Clinical Psychologists practising within the UK must be registered with the Health and Care Professions Council (HCPC) and may also be registered with the British Psychological Society (BPS). In order to maintain their practising registration, all Clinical Psychologists must continue to demonstrate compliance with a range of HCPC minimum standards of conduct, performance and ethics. Copies of the relevant codes of conduct can be found at: <https://www.hcpc-uk.org/standards/standards-of-conduct->

These Therapy Terms are standard terms which apply to the psychological therapy and assessment services Dr Taylor provides.

Psychological Assessment:

Before beginning psychological therapy, you must complete a comprehensive psychological assessment with me. This usually includes screening questionnaires sent through the secure online platform NovoPsych, followed by a 90-minute clinical interview in which I will ask about your current difficulties, relevant background and day-to-day functioning. Together, we will use this information to develop a 'Psychological Formulation' that summarises what you are experiencing, how it may have developed and what may be maintaining it. The formulation enables us to develop a treatment plan together. If I do not think I am able to offer you appropriate treatment, I will discuss this with you and where possible support you in making links with other appropriate sources, e.g. ASD/ADHD specialists, couples therapy etc. Type of therapy and number of sessions will be discussed at the end of the assessment appointment and can be reviewed at any time. You are not contracted to a specific number of sessions. In order for me to do my best by you, it is important that you are honest with me about previous or current therapy and/or involvement with other mental health services. I reserve the right to end therapy if this is indicated.

Please note that you are expected to be willing to explore your childhood experiences, as these are usually central to understanding your presenting distress. Although experienced in working with complex cases, I do not generally work with clients who require lots of additional input in terms of liaising with other professionals as this takes up a significant amount of additional time in terms of phone calls, emails, report writing and attending meetings. If during therapy it becomes necessary for me to liaise with multiple other professionals, it is likely that it is no longer suitable for me to see you as a sole practitioner in private practice and I will discharge you back to your GP in consultation with you.

Psychological therapy

Length of Therapy Sessions: The duration of a psychological therapy session is 1 hour. If you are late for a session, I will contact you via text and email and wait for you for 20 minutes. If I have not heard from you in this time, I will assume you are not attending, and I will consider this a non-attendance and end the session. If you do attend the session within that 20-minute period, I will see you for the remainder of your appointment time but will be unable to work beyond the allotted finish time as this will disrupt the

clinic for other clients who may be waiting. Similarly, if you decide you do not wish to use all your allocated time, I will need to charge in full for this since I have set the time aside for you.

Frequency of sessions: Weekly or fortnightly sessions usually provide the greatest benefit, although I recognize that time or financial constraints may make this impractical. We can review session frequency at any time. You may also request intensive therapy, such as longer or more frequent sessions, but this must be agreed with me in advance. As I run a busy practice, I cannot keep therapy appointments available indefinitely. If you do not contact me to arrange another appointment within two weeks of your last session, I may offer that space to another client. If repeated non-attendance or cancellations are affecting your progress, I will discuss the implications with you, including the possibility of discharge.

Location of Sessions: Sessions will only take place at Torbay Osteopath Clinic in St Marychurch, Torquay or online via Zoom. Regarding online therapy, I will discuss the practicalities of this with you and there is information about having EMDR online on the EMDR Association website. The price of online therapy is the same as if you were attending in person at the clinic. When using a third-party platform for online sessions (such as Zoom), your personal and special category data will be treated in accordance with our data protection obligations, but may also be subject to that provider's own privacy policy. I will not be liable to you for any costs or losses incurred as a result of using any third-party online provider. You should make yourself familiar with such provider's own terms and conditions and privacy policy. It is important that you do NOT record the sessions.

EMDR: Please be advised that EMDR is an 8-phase treatment process and the first 1-3 sessions minimum focus on the first 1-3 phases of the model including history taking, preparation for EMDR trauma processing and target assessment. You will not be processing traumas in your Psychological Assessment or at least in the first 1-2 treatment sessions in EMDR. If I consider you require a longer period of stabilization prior to trauma processing, I will discuss this with you. This is particularly relevant in the cases of complex/chronic trauma, especially where there is evidence of high levels of dissociation and difficulties regulating emotions. If I am concerned about your risk to yourself or others, I may decide not to proceed with trauma processing and will explain the reasons why. EMDR is not suitable for all clients and there are specific contraindications that I will assess with you individually prior to commencing EMDR treatment. I will discuss the risks, benefits, and any relevant precautions with you before we proceed.

For cancellations made with fewer than 24 hours' notice, a full session charge will apply. If you regularly cancel or fail to attend and this is hindering your progress in therapy, I will discuss the implications of this and potential discharge. I will give you as much advance notice as possible of any dates when sessions may not take place or of any need to cancel or rearrange.

Booking and payment of treatment sessions: Bookings should be made over the phone by contacting me on 07533075101 or via email drmarshataylor@outlook.com You will be invoiced before your session and are given four days to make a payment and then an automated reminder will be sent. BACS details will be emailed with the invoice. I reserve the right to terminate therapy in the event of non-payment.

Fees:

Initial assessment:

- **Psychological assessment with standard written summary report— £150**

Includes a 90-minute clinical interview and the administration and interpretation of questionnaires or screening measures using NovoPsych. A standard written report summarising the assessment information and outcomes.

- **Psychological assessment with a comprehensive written report — £175 in total**

Includes the psychological assessment described above, together with a written report summarising the assessment findings, psychological formulation and recommendations for treatment.

The £25 difference covers the use of specialist reporting software and my time reviewing and finalising the report. I use NovoPsych and NovoNote to assist with assessment and report preparation, including AI-assisted functions. I check and, where necessary, revise the report to ensure it accurately reflects my assessment and professional judgement. I remain responsible for its final content and all clinical recommendations.

Dr Taylor has undertaken BPS training on The ethics of using technology and AI in psychology and keeps up to date with professional guidance, ethical frameworks and CPD training on the use of artificial intelligence (AI) for HCPC – registered Clinical Psychologists working in private practice.

Therapy:

Psychological therapy, including EMDR — £100 per 60-minute session

To maintain her HCPC registration as a Clinical Psychologist, Dr Marsha Taylor is required to undertake and record continuing professional development, keeping her knowledge and skills up to date through a range of learning activities relevant to her practice.

To maintain EMDR Europe consultant accreditation, Dr Marsha Taylor is required to keep her knowledge and skills up to date through continuing professional development, including training and conferences.

Dr Marsha Taylor undertakes regular clinical supervision to reflect on her practice and support safe, ethical and effective care, while maintaining client confidentiality.